

| | W12 | W13 | W14 | W15 | M12 | M13 | M14 | M15 | wJU 18 | wJU20 | mJU18 | mJU20 | Frauen | Männer | |
|-------|------------|------------|-------------|------------|------------|------------|------------|------------|-------------|------------|------------------------|-----------------|------------|------------|-------|
| 10:00 | Kugel | Kugel | Diskus | Diskus | Kugel | Kugel | | | Diskus | Diskus | 110-m-Hrd | | | | 10:00 |
| 10:10 | | | | | | | | 80-m-Hrd | | | | | | | 10:10 |
| 10:15 | | | | | | | 80-m-Hrd | | | | | | | | 10:15 |
| 10:20 | | | | | | | Weit (1) | Weit (1) | | | | | | | 10:20 |
| 10:30 | | | | | | | | | 100-m-Hrd | | | | | | 10:30 |
| 10:35 | | | | | | | | | | | | | | | 10:35 |
| 10:40 | | | | 80-m-Hrd | | | | | Hoch | Hoch | | | | | 10:40 |
| 10:45 | | | 80-m-Hrd | | | | | | | | | | | | 10:45 |
| 10:55 | | 60-m-Hrd | | | | | | | | | | | | | 10:55 |
| 11:00 | Stab Gr. 1 | Stab Gr. 1 | Stab Gr. 1 | Stab Gr. 1 | Stab Gr. 1 | Stab Gr. 1 | Stab Gr. 1 | Stab Gr. 1 | | | | | | | 11:00 |
| 11:05 | 60-m-Hrd | | | | | | | | | | | | | | 11:05 |
| 11:15 | | | | | | 60-m-Hrd | | | | | | | | | 11:15 |
| 11:20 | Weit (3) | Weit (5) | | | 60-m-Hrd | | | | | | | | | | 11:20 |
| 11:30 | | | | | | | Diskus | Diskus | | | Diskus | Diskus | | | 11:30 |
| 11:35 | | | Weit (1) | Weit (1) | | | | | | | | | | | 11:35 |
| 11:40 | | | | | | | | | | | Hoch | Hoch | | | 11:40 |
| 12:00 | | | | | | 75 m ZE | | | | | | | | | 12:00 |
| 12:15 | | | | | 75 m ZE | | | | Kugel | Kugel | | | Kugel | | 12:15 |
| 12:30 | | 75 m ZE | | | | | | | | | | | | | 12:30 |
| 12:45 | 75 m ZE | | | | | | | | | | Speer | Speer | | | 12:45 |
| 13:00 | | | Hoch | Hoch | Weit (3) | Weit (3) | | | | | | | | | 13:00 |
| 13:10 | | | | | | | | | | | | | | | 13:10 |
| 13:15 | | | | | | | Kugel | Kugel | | | | | | 100 m ZE | 13:15 |
| 13:20 | | | | | | | | | | | | | 100 m ZE | | 13:20 |
| 13:30 | | | | | | | | | | | | 100 m ZE | | | 13:30 |
| 13:35 | | | | | | | | | | | 100 m ZE | | | | 13:35 |
| 13:45 | | | Stab Gr. 2 | Stab Gr. 2 | | | Stab Gr. 2 | Stab Gr. 2 | Stab Gr. 2 | Stab Gr. 2 | 100 m ZE Stab Gr. 2 | Stab Gr. 2 | Stab Gr. 2 | Stab Gr. 2 | 13:45 |
| 13:50 | | | | | | | | | 100 m ZE | | | | | | 13:50 |
| 13:55 | | | | 100 m ZE | | | | | | | | | | | 13:55 |
| 14:00 | Hoch | Hoch | 100 m ZE | | | | Speer | Speer | Weit (1) | Weit (1) | | | Weit (1) | | 14:00 |
| 14:05 | | | | | | | | 100 m ZE | | | | | | | 14:05 |
| 14:10 | | | | | | | 100 m ZE | | | | | | | | 14:10 |
| 14:30 | | | | | | | | | | | | 4x100-m-St. | | | 14:30 |
| 14:35 | | | | | | | | | 4x100-m-St. | | | | | | 14:35 |
| 14:40 | | | | | | | | | | | | | | | 14:40 |
| 14:45 | | | | | | | | | | | | | | | 14:45 |
| 14:50 | | | 4x100-m-St. | | | | | | | | | | | | 14:50 |
| 15:00 | | | Kugel | Kugel | Hoch | Hoch | | | | | Weit (1) | Weit (1) | | Weit (1) | 15:00 |
| 15:15 | | | | | | | | | Speer | Speer | 200 m ZE | 200 m ZE | | | 15:15 |
| 15:30 | | | | | | | | | 200 m ZE | 200 m ZE | | | | | 15:30 |
| 16:00 | 800 m | 800 m | 800 m | 800 m | | | | | Drei 1 | Drei 1 | Kugel Drei 1 | Kugel Drei 1 | | Kugel | 16:00 |
| 16:15 | | | | | | | Hoch | Hoch | | | | | | | 16:15 |
| 16:20 | | | | | 800 m | 800 m | 800 m | 800 m | | | | | | | 16:20 |
| 16:30 | | | Speer | Speer | | | | | 800 m | 800 m | | | | | 16:30 |
| 16:45 | | | | | | | | | | | 800 m | 800 m | | | 16:45 |
| 17:00 | | | | | | | | | | | | | | | 17:00 |
| 17:05 | | | | | | | | | | | | | 1500 m | 1500 m | 17:05 |
| 17:15 | | | | | | | | | | | | | | | 17:15 |

Steigerung Hochsprung 4 cm in allen Klassen
aktuelle Änderung

bei gleicher Zeit gilt bei Läufen: von jung nach alt, weiblich vor männlich