

| | W 12 | W 13 | M 12 | M 13 | W 14 | W 15 | M 14 | M 15 | WJU 18 | WJU 20 | MJU 18 | MJU 20 | Frauen | Männer | |
|-------|-----------|-----------|-----------|-----------|---------------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|-------|
| 10:00 | | | 60 m ZE | 60 m ZE | Hoch 3 | Hoch 4 | Kugel | Kugel | | | | | | | 10:00 |
| 10:10 | 60 m ZE | 60 m ZE | | | | | | | | | | | | | 10:10 |
| 10:15 | | | Weit 3 | Weit 4 | | | | | | | | | | | 10:15 |
| 10:30 | | | | | | | 60 m ZE | | | | | | | | 10:30 |
| 10:40 | | | | | | | | 60 m ZE | | | | | | | 10:40 |
| 10:50 | | | | | 60 m ZE | | | | | | | | | | 10:50 |
| 11:00 | | | | | | 60 m ZE | | | | | | | | | 11:00 |
| 11:10 | | | | | | | | | | | | | | | 11:10 |
| 11:15 | | Weit 4 | | | | | | | | 60 m V | | | | | 11:15 |
| 11:25 | Weit 3 | | | | | | | | | | | | 60 m V | | 11:25 |
| 11:30 | | | | | | | | | | Weit 2 | Kugel | | Weit 2 | | 11:30 |
| 11:35 | | | | | | | Hoch 3 | | | | | 60 m V | | | 11:35 |
| 11:40 | | | | | | | | Hoch 4 | | | | | | | 11:40 |
| 11:45 | | | | | | | | | | | | | | 60 m V | 11:45 |
| 12:00 | | | | | | | | | 60 m V | | | | | | 12:00 |
| 12:05 | | | | | | | | | | | | | | | 12:05 |
| 12:15 | | | | | | | | | | | | Weit 1 | | Weit 1 | 12:15 |
| 12:20 | | | | | | | | | | | 60 m V | | | | 12:20 |
| 12:50 | | | | | | | | | | | | | | | 12:50 |
| 12:55 | | | | | | | | | Weit 2 | | | | | | 12:55 |
| 13:00 | | | | | Stab Gr. 1 Kugel | Stab Gr. 1 | Stab Gr. 1 | Stab Gr. 1 | Stab Gr. 1 | Stab Gr. 1 | Stab Gr. 1 | Stab Gr. 1 | Stab Gr. 1 | Stab Gr. 1 | 13:00 |
| 13:05 | | | | | | | | | | 60 m E | | | | | 13:05 |
| 13:10 | | | | | | | | | | | | 60 m E | | | 13:10 |
| 13:15 | | | | | | | | | | | | | | 60 m E | 13:15 |
| 13:20 | | | | | | | | | 60 m E | | | | | | 13:20 |
| 13:25 | | | | | | | | | | 60 m E | | | | | 13:25 |
| 13:30 | | | | | | | | | | | | | | | 13:30 |
| 13:45 | | | | | | | | | | 200 m ZE | | | | | 13:45 |
| 13:55 | | | | | | | | | | | Weit 1 | | | | 13:55 |
| 14:00 | | | | | | | | | | | | | | | 14:00 |
| 14:10 | | | | | | | | | 200 m ZE | | | | | | 14:10 |
| 14:25 | | | | | | | | | | | | | | | 14:25 |
| 14:30 | | | | | | | Kugel | | | | | | | | 14:30 |
| 14:45 | | | | | | | Weit 5 | Weit 3 | Hoch 1 | Hoch 1 | Hoch 2 | Hoch 2 | Hoch 1 | Hoch 2 | 14:45 |
| 15:00 | | | | | | | | | | | | | | 200 m ZE | 15:00 |
| 15:10 | | | | | | | | | | | | | | | 15:10 |
| 15:15 | Stab 1,80 | Stab 1,80 | Stab 1,80 | Stab 1,80 | Stab 1,80 | Stab 1,80 | Stab 1,80 | Stab 1,80 | Stab 1,80 | | | | | | 15:15 |
| 15:20 | | | | | | | | | | | | | | | 15:20 |
| 15:30 | | | | | | | | | | | | | 200 m ZE | | 15:30 |
| 15:35 | | | | | | | | | | | | | | | 15:35 |
| 15:45 | | | | | | | | | Kugel | | | | | | 15:45 |
| 15:45 | | | | | Weit 3 | | Weit 5 | | | | | | | | 15:45 |
| 16:00 | | | | | | | | | | | | 200 m ZE | | | 16:00 |
| 16:15 | | | | | | | | | | | | | | | 16:15 |
| 16:30 | | | | | | | | | | | 200 m ZE | | | | 16:30 |
| 16:45 | | | | | | | | | | | | | | | 16:45 |
| 16:55 | | | | | | | | | | | | | | | 16:55 |
| 17:00 | | | | | | | | | | | | | | 800 m ZE | 17:00 |
| 17:10 | | | | | | | | | | | | | 800 m ZE | | 17:10 |
| 17:20 | | | | | | | | | | | 800 m ZE | 800 m ZE | | | 17:20 |
| 17:30 | | | | | | | | | 800 m ZE | 800 m ZE | | | | | 17:30 |
| 17:40 | | | | | | | | | | | | | | | 17:40 |